**SISTA (SISTERS INFORMING SISTERS ON TOPICS OF AIDS) LOGIC MODEL**

**Issue/Problem**
- Women often engage in unprotected sex with multiple partners, partners of unknown risk, or high-risk partners because of:
  - Limited access to information and economic resources
  - Underdeveloped and/or under used sexual negotiation skills
  - Lack of condom use confidence

**Inputs**
- Facilitator training and training materials
- Participant recruitment strategies and materials
- SISTA curriculum and facilitation materials
- Appropriate agency forms and materials
- Facility space
- Peer facilitators
- Funding
- Recruit participants
- Create an atmosphere of safety, trust, and support
- Provide materials and activities to encourage gender and ethnic pride
- Provide information on transmission and risk
- Facilitate behavioral skills practice (communication, negotiation, condom use)
- Conduct booster activities
- Conduct service needs assessment
- Facilitate service referrals

**Activities**
- Recruit women to participate in intervention activities
- Transmission and risk information conveyed
- Five group sessions facilitated
- Booster sessions facilitated
- Referrals made to other services
- Time spent facilitating sessions

**Outputs**
- Recruited women
- Increased knowledge of HIV/STD transmission
- Increased knowledge of risk reduction strategies
- Enhanced perception of personal risk
- Enhanced assertiveness, communication, and negotiation skills
- Attitudes supportive of consistent condom use
- Intentions to reduce high-risk sexual behaviors

**Immediate Outcomes**
- Improved condom negotiation skills
- Skills in correct condom use
- Enhanced self efficacy to use condoms
- Confidence to negotiate and use condoms consistently
- Emergence of partner norms supportive of condom use
- Increase in frequency of consistent condom use

**Intermediate Outcomes**
- Consistent condom use with partner(s) maintained
- Reduction in high-risk sexual behaviors

**Long Term Outcomes**
- Reduction of HIV among African American women between the ages 18-29

**Assumptions**
- People are influenced by the behavior of peers
- People are more likely to adopt a behavior if given the opportunity to learn about the behavior
- Supportive, non-threatening environments that validate culture and gender influence self perceptions of worth and power
- Valued perceptions of power and worth can influence adoption of safer behaviors
- Combining instruction with opportunities to practice enhances acquisition of skills
- Presentation of information tailored to cultural and gender nuances is more likely to be understood and applied to personal perceptions of risk

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**SISTA Evaluation Plan and Instruments**

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